

We source products that adhere to higher wellness standards, to provide the best consumer products available.

HELP RESOURCES

Missouri Department of Mental Health
(573)751-4942
dbhmail@dmh.mo

Substance Abuse and Mental Health Services Administration
1-800-662-HELP (4357)
SAMHSAInfo@samh-sa.hhs.gov

Poison Control
1-800-222-1222

We want all consumers to be well-educated and informed before trying cannabis products.

GET INFORMED

VAPORIZING "VAPING"

CONS PROS

- Delivers instant relief.
- Less harsh on lungs than smoking.
- Battery powered units must be recharged.
- Possible toxins in vaping device.

SMOKING

CONS PROS

- Delivers instant relief.
- Fairly easy to regulate dosage.
- Minimally processed.
- Smoke may be harmful to lungs.
- Not a good option for patients with lung cancer, emphysema or asthma.

EDIBLES

CONS PROS

- Provides long lasting relief.
- Good alternative for people adverse to inhaling.
- Dosage can be very precise.
- Can take 30 minutes to several hours to feel relief.
- Must be properly stored to minimize risk of non-patient consumption.

TRANSDERMAL PATCHES

CONS PROS

- No inhalation required.
- Comes in different formulations.
- Calibrated dosages.
- Some individuals may develop an allergic reaction.
- Must be applied on a clean and dry skin surface.

TINCTURES OR SPRAYS

CONS PROS

- No inhalation required.
- Easy to regulate does sizes in smaller increments.
- Takes effect faster than edibles, but not as fast as inhalation.
- Can be expensive for people who require a high dosage of cannabinoids.

TOPICALS

CONS PROS

- Minimal to low psychoactive effects.
- Addresses skin issues.
- Localized pain relief.
- Not strong enough dosage for cancer, PTSD, epilepsy or glaucoma.

SIDE EFFECTS AND RISKS

Respiratory Health

Cannabis smoke contains many of the same toxins as tobacco smoke that can lead to cough and phlegm production.

Consuming in Public

It is prohibited by law to consume cannabis in public places. Public places are defined as any public or private property that is open to the general public.

Consumption

Cannabis can cause effects that last longer than expected if alcohol or other medications are consumed at the same time. Many patients can be caught off-guard by the strength and long-lasting effects of edibles.

Mental Health

Frequent cannabis use in high doses can cause disorientation and sometimes cause unpleasant thoughts or feelings of anxiety and paranoia.

Short-Term Side Effects

Heavy users of marijuana can have short-term problems with attention, memory, and learning, which can affect relationships and mood.

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219 W Young St,
Warrensburg, MO

SMITHVILLE
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Smithville, MO

NORTH KC
1041 Burlington St
North Kansas City, MO

BARRY RD
5901 NW Barry Rd
Kansas City, MO

LIBERTY
5918 Southview Dr
Liberty, MO